

embrace & empower

YOU

*The
2nd annual
series of chats
for your mind,
body & soul*

FEBRUARY
25

Bruce County
Museum &
Cultural Centre

12 to
5pm

TICKETS
limited seating

\$50

Includes refreshments,
snacks & door prizes

new voices + new insights



Erin Little
Empowerment Coach
'Your Disease Changed My Life'
A journey of becoming the woman
I want to be while being the mother
I need to be.

Tickets Available at: erin@authenticallyerin.com
Erin: 519.386.5188 / www.authenticallyerin.com



Dr. David Miller + Dr. Kara Dionisio
Naturopathic Doctors
'Ignite Your Life'
Using their NMRx framework, they will lead
you on a quest to catapult 4 key areas of your life.



Christy Kelly, CPA
CA Consultant
Investors Group Financial Services
'Your Unique Financial Recipe'
Cooking relies on the right ingredients.
Your financial plan isn't much different.
Does your plan have what it needs?



Dr. Doug Fryday
Chiropractor
'Get on Board the Love Train'
Become the engineer of your self-love
train while enjoying the internal peace
to love unconditionally.



Katie Wilken
Holistic Lifestyle Coach
'My Journey from Self-destruction
to Self-revolution'
A story on a life of rebellion, addiction
& self-loathing turned into a life of love,
fulfillment & purpose.