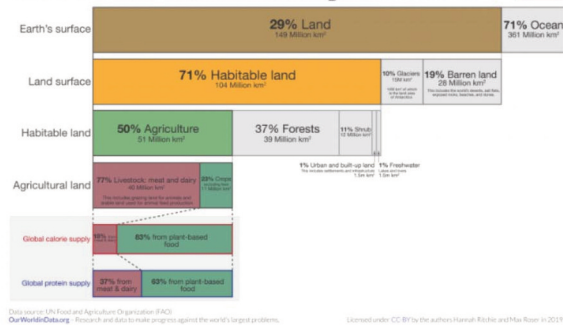


## Activity 2: Land Use

This activity is designed to accompany the video found at <https://youtu.be/OfCIU3vEx-E>.

### Links:

#### Global land use for food production



#### Our World in Data: Land Use for Food Production

<https://ourworldindata.org/agricultural-land-by-global-diets>

#### Our World in Data: Environmental Impacts of Food

<https://ourworldindata.org/env-impacts-of-food>

#### New study finds First Nations in Canada face serious problems with food supply | Anishinabek News | Jan. 9, 2020

<https://anishinabeknews.ca/2020/01/09/new-study-finds-first-nations-in-canada-face-serious-problems-with-food-supply/>

### How do you share your land?

1. Think about the place you live. Is it a solid block (ie. only one use, living space for people), or is it a little transparent? Are there things you could change about the place you live to allow the land to be a place for more than just you?

### How sustainable is your footprint?

1. Think about the things you use on an everyday basis – do you know where they come from? What they are made of? If you think 7 generations into the future, will there be enough of the resources to make the object for your Great (x5) Grandchild to have access to what you have access to (approximately 200-250 years)?
2. Look at the Land Use for Food Production graph from Our World in Data. Choose two of the countries of the world that have a sustainable diet, if everyone ate it (light blue on the map). Research what the typical diet looks like in that country. What adaptations could you make to your diet that would help you shift towards a more sustainable diet?

Proudly presented by



**BRUCE COUNTY**  
museum & cultural centre



[brucemuseum.ca](http://brucemuseum.ca)

## Activity 2: Land Use

*Can we go back to a Traditional Diet?*

1. Think about the foods that you know that are part of a First Nations diet, and foods that you know can be foraged in our area. How could these be used sustainably to reduce our reliance on farmed food?
2. Read the article [New study finds First Nations in Canada face serious problems with food supply](#). It outlines that First Nations people on the reserves featured in the study are healthier when they eat a traditional diet, but that there are challenges and conditions attached. Think critically about those challenges – where did they come from? Can you think of solutions? What would be the long-term effects?

Challenge:	Root Cause:	Solution:	Think Long-Term:

